



[www.newleafonline.com.au](http://www.newleafonline.com.au)

11th January 2009

**Contents**

- [January SPECIALS ... save up to 50% or more off RRP!](#)
- [Article: CALCIUM - more than just for your bones](#)
- [Bargain BIN discounts - up to 80% off RRP!](#)



**January SPECIALS ... save up to 50% or more off RRP!**



**[Organic Food Bar Protein 75g](#)**

- High energy, tastes great, cold-processed. Certified organic.
  - 22 grams of organic protein per bar.
  - Gluten Free. Contains no soy, trans-fats, refined sugars, peanuts, dairy.
  - **Buy a box of 12 & save an additional 5%.**
- [read more >>](#)

RRP \$5.50  
**\$4.40**  
save 20%

[BUY NOW](#)



**[Horleys Sculpt Advanced Shaping Protein for Women 500g](#)**

- Nutritious, convenient meal replacement.
  - Ideal for women looking for a high protein supplement & extra source of vital nutrients.
  - **EXTRA SPECIAL PRICE ONLY WHILE STOCKS LAST!**
- [read more >>](#)

RRP value \$34.95  
**\$21.90**  
save 39%

[BUY NOW](#)



**[Muscletech Hydroxycut Hardcore 120 liquid capsules](#)**

- Hardcore fat burner.
  - Decreases bodyfat by an average of 7.9% more than control group testing.
  - Maximum strength thermogenesis.
- [read more >>](#)

RRP \$124.95  
**\$69.90**  
save 44%

[BUY NOW](#)



**[Lucas Papaw Ointment 200g](#)**

- Relieves & cleanses.
  - A topical application for boils, burns, chaffings, cuts, cracked skin, gravel rash, splinters, open wounds, insect bites & nappy rash.
  - Made in Australia.
- [read more >>](#)

RRP \$29.45  
**\$21.90**  
save 25%

[BUY NOW](#)



**[Deer Swedish Bitters 500ml](#)**

- Can help to increase digestive secretions.
  - Made to an old German recipe.
- [read more >>](#)

RRP \$18.65  
**\$13.90**  
save 25%

[BUY NOW](#)



**[Endura Energy Bar 60g](#)**

- High carbohydrate energy source.
  - Balanced mix of vitamins & minerals including Meta Mag.
  - **Buy a box of 10 & save an additional 5%.**
- [read more >>](#)

RRP \$4.50  
**\$3.30**  
save 26%

[BUY NOW](#)



**[Greenridge LiverPlex Detox 200ml](#)**

- Pre party & post party recovery tonic.
  - Enhances liver function and improves detoxification.
  - Helps the liver to cope with overindulgences.
- [read more >>](#)

RRP \$38.70  
**\$19.90**  
save 48%

[BUY NOW](#)



**[Nutra Life Phyto Calcium Complete 120 tablets](#)**

- Provides phytoestrogens and bone building nutrients to reduce the risk of osteoporosis.
- Helps women maintain bone health before, during and after menopause.

[read more >>](#)

RRP \$32.95

**\$19.90**

save 39%

[BUY NOW](#)



**[Dymatize Creatine Monohydrate Micronized 500g](#)**

- Improves your muscles' performance during high intensity activities such as weight training, running and any other aerobic or anaerobic exercise.
- Clinically proven muscle hydration. Fast Absorption.
- 100% pure pharmaceutical grade.

[read more >>](#)

RRP \$34.95

**\$23.90**

save 22%

[BUY NOW](#)



**[Life Stream Spirulina 500mg 220 tablets](#)**

- Rich in nutrients for lasting energy. Helps relieve stress, exhaustion & lack of energy.
- Helps build immunity & iron levels.
- **Bonus 220 tablets for the price of 200 (while stocks last).**

[read more >>](#)

RRP value

\$29.95

**\$19.90**

save 35%

[BUY NOW](#)



**[Greenridge MegaVital Vitamins Minerals & Herbs 60 tablets](#)**

- Helps improve stamina and endurance to get you through the day.
- Helps reduce the risk of nutritional deficiencies if your diet is lacking.
- Assists with greater energy, improved mental vigour healthy circulation.

[read more >>](#)

RRP value

\$31.95

**\$19.90**

save 28%

[BUY NOW](#)



**[Qsilica Calcium 50 vege-caps](#)**

- Silica is important for healthy and strong connective tissue in the body.
- Helps with strong bones & teeth.
- Calcium formula with colloidal silica, magnesium, vitamins K & D.

[read more >>](#)

RRP value

\$24.95

**\$17.90**

save 28%

[BUY NOW](#)

Also on special this month & some of our everyday specials ...

- [Alchemy Conditioner 500ml](#)
- [Endura Sports Energy Gel 35g](#)
- [Nuun Active Hydration 12 tablets](#)
- [Hydroxycut 24 Hour Weight Loss System 96 caplets](#)
- [TNP Quick Cleanse 15 Day Detox plus BONUS Quick Fibre 375g](#)
- [Nutra Life Carb Lite Protein 500g](#)
- [Morlife Barley & Wheat Grass 200 tablets](#)
- [Microgenics Chewable Omega 3 Multivitamin 60 capsules](#)
- [Microgenics Liver Detox 60 tablets](#)
- [Microgenics Evening Primrose Oil 1,000mg 200 vegicaps](#)
- [Microgenics Fish Oil 1,000mg 200 vegicaps](#)
- [Microgenics Glucosamine 1,500mg Chondroitin Complex 180 tablets \(new stock\)](#)
- [Dymatize Mega Shake/Milk 1.125kg](#)
- [Dymatize Mega Shake/Milk 2.268kg](#)
- [Dymatize Mega Gainer 1.5kg](#)
- [Dymatize Elite Whey Protein Isolate 920g](#)
- [Dymatize Elite Whey Protein Isolate 2.275kg](#)

**For more Monthly Specials & other Great Prices ... [CLICK HERE!](#)**

New Leaf Online has almost **500** products online. If you can't find what you're looking for [Contact Us](#) and if we have it in stock we'll quickly add it to our online shop so you can enjoy the savings on all your health & sports nutrition purchases.

**Article: CALCIUM - more than just for your bones**

We all know that calcium is good for the bones, but that's where its role in the body just begins. Calcium is also needed for healthy joints, muscles, teeth, hair, skin, nails as well as supporting other major systems.



**Why Do We Need Calcium?**

As calcium is one of the most important and essential minerals in our body it is critical that we get enough if we want to remain healthy. Calcium is not only abundant in our bones, teeth and nails, but is required by almost every cell including the heart, nerves and muscles. And without our skeletal system, well we would not be much use and quite floppy, so it is essential for the bones. In fact our entire skeleton is renewed every 7 years! So without enough calcium in our diet, the body takes stored calcium out of the bones for other essential functions. It's a bit like a bank account, where you have to keep the deposit topped up in case it is needs withdrawals somewhere else.

**Who Needs More Calcium?** [read more >>](#)

**Bargain BIN discounts at unbeatable prices (ONLY while stocks last)**

- [Greenridge MemRecall Memory & Brain Functions 60 tablets](#) - **\$5.90** save 80%
- [Greenridge WiseEyes for Aging Eyes 30 tablets](#) - **\$5.40** save 80%
- [Melrose Glucosamine Powder 300g](#) - **\$9.00** save 80%
- [Microgenics Bio Attack 30 capsules](#) - **\$4.90** save 80%

- [Microgenics Bio Attack 60 capsules](#) - **\$7.90** save 80%
- [Microgenics Brahmi 6,000mg Plus Memory Formula 30 caps](#) - **\$5.00** save 80%
- [Microgenics Cranberry 17,000 Complex 30 tablets](#) - **\$9.90** save 80%
- [Microgenics Evening Primrose Oil 1,000mg 200 vegicaps](#) - **\$4.90** save 80%
- [Nutra Life Liver Guard 50 capsules](#) - **\$6.20** save 80%
- [Swisse Men's Ultivite Formula 1 60 vegicaps](#) - **\$7.70** save 80%
- [Swisse Women's Ultivite Formula 1 60 vegicaps](#) - **\$7.70** save 80%
- [Thompsons Evening Primrose Oil 1,000mg 180 vegecaps](#) - **\$4.60** save 80%

**For more Bargain Bin deals [CLICK HERE!](#)**

---

### Drop us a line

Tell us what you think or let us know what you would like to see more of in our "[New Leaf Online E-Letters](#)" by emailing us at [info@newleafonline.com.au](mailto:info@newleafonline.com.au).

### Help a friend

Forward this email to a friend and help them to improve their sporting performance, weight management or general health with the help of [New Leaf Online](#).

### Unsubscribe

You are receiving this email because you've registered online via our website or visited our original store (previously known as Motion & Potion) at 329 Clarendon St South Melbourne and completed a membership sign-up form for our special members only email, discounts & benefits. If you no longer wish to receive this "New Leaf Online E-Letter", then please send an email to [unsubscribe@newleafonline.com.au](mailto:unsubscribe@newleafonline.com.au) with "unsubscribe" in the subject line.

---

### Contact us

**Email:** [info@newleafonline.com.au](mailto:info@newleafonline.com.au)  
**Phone:** +61 3 9376 0820, **Fax:** +61 3 9011 9653  
**Address:** Suite 28 / 85 Grattan St (for [in person collection](#) by arrangement)  
Carlton 3053 Victoria, AUSTRALIA [ [map](#) ]  
**ABN:** 32 692 516 278

### Disclaimer

**Note:** New Leaf does not endorse any form of treatment, nor does it encourage you to undertake any such treatment on your own. We urge you to see your family practitioner before undertaking any kind of medical treatment. Supplements are to be taken with an appropriate diet, exercise programme and advice from a qualified practitioner. For more information see the [Disclaimer](#) on the New Leaf Online web-site.

---